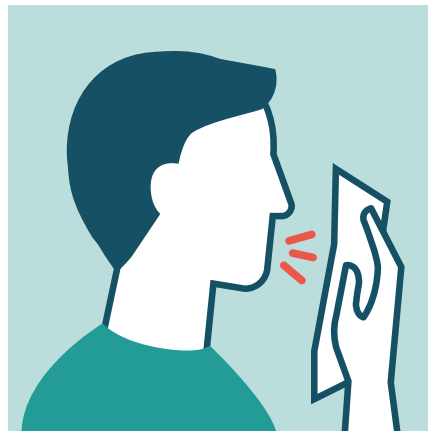


# Prevent the Spread of Germs!



WASH HANDS WITH  
WATER AND  
SOAP/SANITIZER,  
AT LEAST 20 SECONDS



COVER YOUR NOSE  
AND MOUTH WITH  
TISSUE OR ELBOW  
WHEN SNEEZING



DON'T TOUCH EYES,  
NOSE OR MOUTH WITH  
UNWASHED HANDS

## YOUR HEALTH IS OUR CONCERN!

As a valued community member, you can help  
reduce the spread of COVID-19

**If you feel unwell, please contact the  
HKPR District Health Unit for more direction.**

Call: 1-866-888-4577 ext. 5020

Visit: [www.hkpr.on.ca](http://www.hkpr.on.ca)

Email: [info@hkpr.on.ca](mailto:info@hkpr.on.ca)